

BSR & BHPR FOOT AND ANKLE COURSE

DATE: 25 -26 September 2008
Venue: Academic Unit of Musculoskeletal Disease, Leeds
Convenor: Dr P Helliwell, Dr A Redmond, H Davys

Registration Rates

Early £260
Late £280
inc. accommodation

Target Audience:

Rheumatologists, Rheumatology Trainees, GPs, Nurse Specialists, Physiotherapists and Podiatrists.

Aims/Objectives:

The course aims to provide an opportunity for attendees to better familiarise themselves with the manifestations and management of rheumatological presentations in the foot and ankle.

The symptoms and mechanical changes in rheumatic disease will be covered, and an assessment session will focus on hands-on clinical workshops. Management of foot and ankle pathology will also be supplemented with hands on workshop sessions. There is an emphasis on clinical relevance and some group work will include patients.

Pre-reading will be required and will be organised prior to the course. The cost includes a copy of the book by the team; The Foot and Ankle in Rheumatoid Arthritis, which will constitute the comprehensive course notes.

PROVISIONAL PROGRAMME: DAY ONE

9.30 – 10.00 Registration and coffee

Session 1 – The mechanical basis of disease in the foot and ankle

10.00 – 10.30 Recap - Anatomy and biomechanics of the foot and ankle in health and disease

10.30 – 12.00 Assessment Workshops - Anatomy and biomechanics of the foot and ankle

12.00 – 12.30 Imaging

12.30 – 13.15 Lunch

Session 2 – Clinical assessment

13.15 – 14.15 The Foot in RA

14.45 – 15.30 Hands on assessment I- practice of clinical assessment

15.30 Tea

15.30 – 16.30 Hands on assessment II – patient session

16.30 – 17.00 Quiz

17.00 Close

PROVISIONAL PROGRAMME: DAY TWO

Session 3 – Management

- 9.00 – 10.00 Conservative management – medical
- 10.00 – 11.00 Conservative management – podiatry
- 11.00 – 11.30 Coffee**
- 11.30 – 12.00 Foot Surgery in RA
- 12.00 – 13.15 Lunch**
- 13:15 – 14:30 Workshops 1 (HRUS/injections/orthotics/ gait lab)
- 14.30 – 14.45 Tea**
- 14.45 – 15.30 Workshops 2 (HRUS/injections/orthotics/ gait lab)
- 15:30 Summary
- 16.00 Close**