



The British Society for Rheumatology

BSR ALLIED HEALTH PROFESSIONALS IN RHEUMATOLOGY – CORE COURSE IN RHEUMATOID ARTHRITIS

Date: 16-17 Nov 2010

Venue: Norfolk Royale Hotel, Bournemouth

Convenors: Dr Ciaran Dunne & Mrs Lindsey Hawley

Registration Fees

Register before 17 September 2010 to qualify for the early rate	
BSR/BHPR Member Fees	BSR/BHPR Non-Member Fees
Early: £275 (Inc. Accommodation)	Early: £325 (Inc. Accommodation)
£175 (Ex. Accommodation)	£225 (Ex. Accommodation)
Late: £325 (Inc. Accommodation)	Late: £375 (Inc. Accommodation)
£225 (Ex. Accommodation)	£275 (Ex. Accommodation)

Book Online @ www.rheumatology.org.uk/education

Target Audience:

Allied health professionals who may be in the early stages of their careers in rheumatology who would like to further their knowledge and skills in the management of patients with Rheumatoid Arthritis.

Aims/Objectives:

This two day course aims to help attendees who may be in the early stages of their careers in rheumatology who would like to further their knowledge and skills in the management of patients with Rheumatoid Arthritis.

BSR EDUCATION COURSES

Advanced Course
9 July 2010
London

Travelling Fellowship
27 September – 1 October 2010
Southampton

Core Course 1
8 – 10 September 2010
Hexham

Foot & Ankle Course
7 – 8 October 2010
Leeds

US Anatomy Course
22 October 2010
Newcastle

Allied Health Professionals - Core Course in Rheumatoid Arthritis
16 – 17 November 2010
Bournemouth

Basic Ultrasound Course
19 – 21 November 2010
Nottingham

Musculoskeletal Medicine and Infectious Diseases Course
25 November 2010
Gloucester

Core Course 2
2 – 3 December 2010
Oxford

PROVISIONAL COURSE PROGRAMME – DAY 1

9.15 – 9.45	Arrival, Registration and Coffee
9.45 – 10.10	Welcome – Dr Ciaran Dunne and Mrs Lindsey Hawley
10.10 – 11.00	Session 1: Rheumatoid Arthritis – The Essentials Format: Lecture Content: This session will include an overview of the clinical, radiological, immunological and pathological features of Rheumatoid Arthritis, highlighting differences with other important arthritides. The common comorbidities associated with Rheumatoid Arthritis will be discussed – Dr Brian Quilty, Consultant Rheumatologist, Christchurch Hospital Dorset
11.00 – 11.15	Coffee
11.15 – 12.45	Session 2: Rheumatoid Arthritis – Clinical Examination (Hands & Feet) Format: Small group work Content: A practical session which will focus on the examination of the hands and feet of patients with Rheumatoid Arthritis. There will be a review of the anatomical structures and discussion of their relevance to the common deformities and functional impairment that occur at various stages of the disease – Speakers: Occupational Therapists, Podiatrists, Christchurch Hospital
12.45 – 13.30	Lunch
13.30 – 15.15	Session 3: Rheumatoid Arthritis – Assessing Disease Activity I Format: Lecture Content: Using a presentation the assessment of disease activity in Rheumatoid Arthritis will be demonstrated and some of the shortfalls of the available assessment tools will be discussed – Dr Sarah Westlake, Consultant Rheumatologist, Poole Hospital
15.15 – 15.30	Tea
15.30 – 16.15	Session 4: Rheumatoid Arthritis – Assessing Disease Activity II Format: Facilitated small group work. Content: This interactive session will enable delegates to use knowledge gained during the earlier session to review and discuss case based scenarios – Facilitators: Dr's Ciaran Dunne, Karen Mounce, Fouz Rahmeh and Lindsey Hawley
16.15 – 16.45	Session 5: Feedback on clinical cases to main group. Facilitator: Dr's Ciaran Dunne and Karen Mounce
16.45 – 17.00	Questions and answers session to panel
17.00	Meeting Close

PROVISIONAL COURSE PROGRAMME – DAY 2

9.30 – 9.45	Arrival
9.45 – 11.00	Session 1: Rheumatoid Arthritis – Drug Treatments – The pharmacological armoury Format: Lecture Content: Here the therapeutic options in the management of rheumatoid arthritis will be explored using case histories to illustrate the factors which can influence clinical decision-making. Management strategies will be discussed in the light of current evidence – Dr Selwyn Richards, Consultant Rheumatologist, Poole Hospital
10.45 – 11.00	Coffee
11.00 – 11.45	Session 2: What about the side effects, Doctor? Format: Small group work Content: By way of several case scenarios delegates will recognise and discuss examples of toxicity associated with disease modifying treatments and propose appropriate remedial action – Dr's Ciaran Dunne, Karen Mounce, Neil Hopkinson and Paul Thompson
11.45 – 12.30	Session 3: Rheumatoid Arthritis – It's All About Teamwork Format: Large group Content: Members of the multidisciplinary team will present their contribution to the management of rheumatoid arthritis with the help of a patient under their care – Members of the Multi-disciplinary team
12.30 – 13.30	Lunch
13.30 – 14.15	Session 4: Rheumatoid Arthritis – The Psychological Impact and Strategies for Management Format: Lecture Content: This session will explore the impact of psychological distress in patients with rheumatoid arthritis and how these issues might be recognised and addressed – Dr Karen Mounce, Associate Specialist in Rheumatology, Christchurch Hospital, Dorset
14.15 – 15.00	Session 5: Rheumatoid Arthritis – Guidelines, Help or Hindrance? How to make the best use of them. Format: Lecture Content: An overview and discussion of recently published national guidelines for the management of rheumatoid arthritis – Dr Neil Hopkinson, Consultant Rheumatologist, Christchurch, Dorset
15.00 – 15.15	Tea
15.15 – 16.00	Session 6: Allied Health Professionals in Rheumatology - Emerging Opportunities Format: Lecture Content: The final presentation will explore opportunities for career progression for allied health professionals and consider governance issues relating to extended scope practitioners – Trish Cornell, Senior Rheumatology Practitioner, Poole Hospital
16.00	Closing remarks and evaluation

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