



The British Society for Rheumatology

## FOOT & ANKLE COURSE

Date: 7– 8 October 2010

Venue: Weetwood Hall, Leeds

Convenors: Dr Philip Helliwell, Dr Anthony Redmond and Mrs Heidi Siddle

### Registration Fees

Register before 16 August 2010 to qualify for the early rate

BSR/BHPR Member Fees

Early: £320

Late: £370

BSR/BHPR Non-Member Fee

Early: £370

Late: £420

Book Online @ [www.rheumatology.org.uk/education](http://www.rheumatology.org.uk/education)

#### Target Audience:

Rheumatologists, Rheumatology trainees, Allied Health Professionals and GPwSIs.

#### Aims/Objectives:

This two day course aims to provide an opportunity for attendees to better familiarise themselves with the manifestations and management of rheumatological presentations in the foot and ankle. Sessions will include topics on the symptoms and mechanical changes in rheumatic disease, hands-on clinical workshops. Management of the foot and ankle pathology will also be supplemented with hands-on workshop sessions.

#### Advanced Course

9 July 2010  
London

#### Travelling Fellowship

27 September – 1 October 2010  
Southampton

#### Core Course 1

8 – 10 September 2010  
Hexham

### PROVISIONAL COURSE PROGRAMME – DAY 1

09.30 – 10.00	Arrival, Registration and Coffee
10.00 – 10.10	Introduction – <b>Dr P Helliwell</b>
10.10– 11.00	Foot Anatomy & Function – <b>Ms B Alcacer-Pitarch &amp; Mrs H Siddle</b>
11.00 – 11.15	Preparation for Group Work – <b>Mrs H Siddle</b>
	Workshops
	– Surface Anatomy & Function – <b>Dr P Helliwell &amp; Dr A-M Keenan</b>
11.15 – 12.45	– Vascular & Neurological Assessment – <b>Ms B Alcacer-Pitarch &amp; Mr M Backhouse</b>
	– Function & Gait – <b>Dr A Redmond &amp; Mrs J Halstead-Rastrick</b>
12.45 – 13.45	Lunch
13.45 – 14.45	Foot in Rheumatic Diseases – <b>Dr P Helliwell, Dr A-M Keenan &amp; Mrs H Siddle</b>
	Workshops
14.45 – 15.45	– Patients Assessment – <b>Mrs H Siddle, Dr A-M Keenan, Dr A Redmond, Mrs J Halstead-Rastrick, Ms B Alcacer-Pitarch &amp; Mr M Backhouse</b>
15.45 – 16.00	Tea
16.00 – 17.00	Workshops (Part 2) Patient Assessment
17.00 – 17.30	Quiz – <b>Dr P Helliwell</b>
17.30	Optional Run!
17.30	Course Dinner

#### Foot & Ankle Course

7 – 8 October 2010  
Leeds

#### US Anatomy Course

22 October 2010  
Newcastle

#### Allied Health Professionals - Core Course in Rheumatoid Arthritis

16 – 17 November 2010  
Bournemouth

#### Basic Ultrasound Course

19 – 21 November 2010  
Nottingham

#### Musculoskeletal Medicine and Infectious Diseases Course

25 November 2010  
Gloucester

#### Core Course 2

2 – 3 December 2010  
Oxford

### PROVISIONAL COURSE PROGRAMME – DAY 2

9.00 – 9.45	Imaging the Foot in Rheumatic Diseases – <b>Dr R Hodgson</b>
9.45 – 10.30	Conservative Management: Medical – <b>Dr P Helliwell</b>
10.30 – 10.45	Coffee
10.45 – 11.30	Conservative Management: Foot Health – <b>Mrs H Siddle</b>

11.30 – 12.15	Surgical Management – <b>Mr M Backhouse</b>
12.15 – 13.30	<b>Lunch</b>
	Workshops
13.30 – 14.30	– Ultrasound – <b>Dr R Wakefield &amp; Mrs H Siddle</b> – Injection Therapy – <b>Dr P Helliwell &amp; Dr A Zayat</b> – <b>Footwear &amp; Orthoses</b> – <b>Mrs J Halstead-Rastrick &amp; Mr S Osborne</b>
14.30 – 15.00	<b>Tea</b>
15.00 – 15.30	Workshops (Part 2)
15.30 – 16.00	Summary
16.00	<b>Meeting Close</b>

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BY:**

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