

Session	Topic	Expert faculty
14 January 2026	<b>Introduction &amp; Formulating a High-Impact Research Question</b> Overview of research careers, NIHR/VA/MRC fellowships, building your academic identity.	Prof James Galloway and Dr Marwan Bukhari
21 January 2026	<b>Idea Refinement &amp; The Elevator Pitch</b> Small-group discussion of research ideas, initial feedback and peer input.	Prof James Galloway and Dr Marwan Bukhari
28 January 2026	<b>Selecting Outcome Measures &amp; Defining Success</b> Primary/secondary outcomes, patient-centred outcomes, core sets, feasibility.	Prof James Galloway and Dr Marwan Bukhari
11 February 2026	<b>Study Design 1: RCTs</b> Principles of research questions, PICO frameworks, clinical relevance and originality.	Prof Maya Buch
25 February 2026	<b>Qualitative Research Methodology</b> Introduction to qualitative research methods, data collection techniques, and principles of thematic analysis.	Dr Charlotte Sharp and Prof Zoe Paskins
4 March 2026	<b>Study Design 2: Cohort, Case-Control &amp; Ecological Designs</b> Understanding design options, strengths/limitations, applying the right design.	Dr Mark Russell
11 March 2026	<b>Addressing confounding and bias</b> Drafting and sharing your study methodology for structured peer review.	Prof James Galloway and Dr Marwan Bukhari
18 March 2026	<b>Introduction to Statistics and Sample Size Calculations</b> Basic statistical concepts, power calculations, support resources and collaboration with statisticians.	Prof Sam Norton
25 March 2026	<b>Ethics, Regulatory Approvals &amp; Patient Involvement (PPI)</b> Navigating NHS ethics, IRAS, research governance, and embedding meaningful PPI.	Dr Katie Bechmann

1 April 2026	<b>Funding Landscape &amp; Writing a Compelling Case for Support</b> IHR, VA, MRC, and charity funding schemes; budgeting and writing tips.	Prof Laura Coates
15 April 2026	<b>Refining Your Elevator Pitch</b> Practice concise communication of your proposal; peer feedback on pitch clarity and impact.	Prof James Galloway and Dr Marwan Bukhari
22 April 2026	<b>Final Pitch Review &amp; Research Showcase Selection</b> All participants submit recorded pitches. Top three projects selected by judging panel to present live at BSR Annual Conference Research Showcase.	All faculty